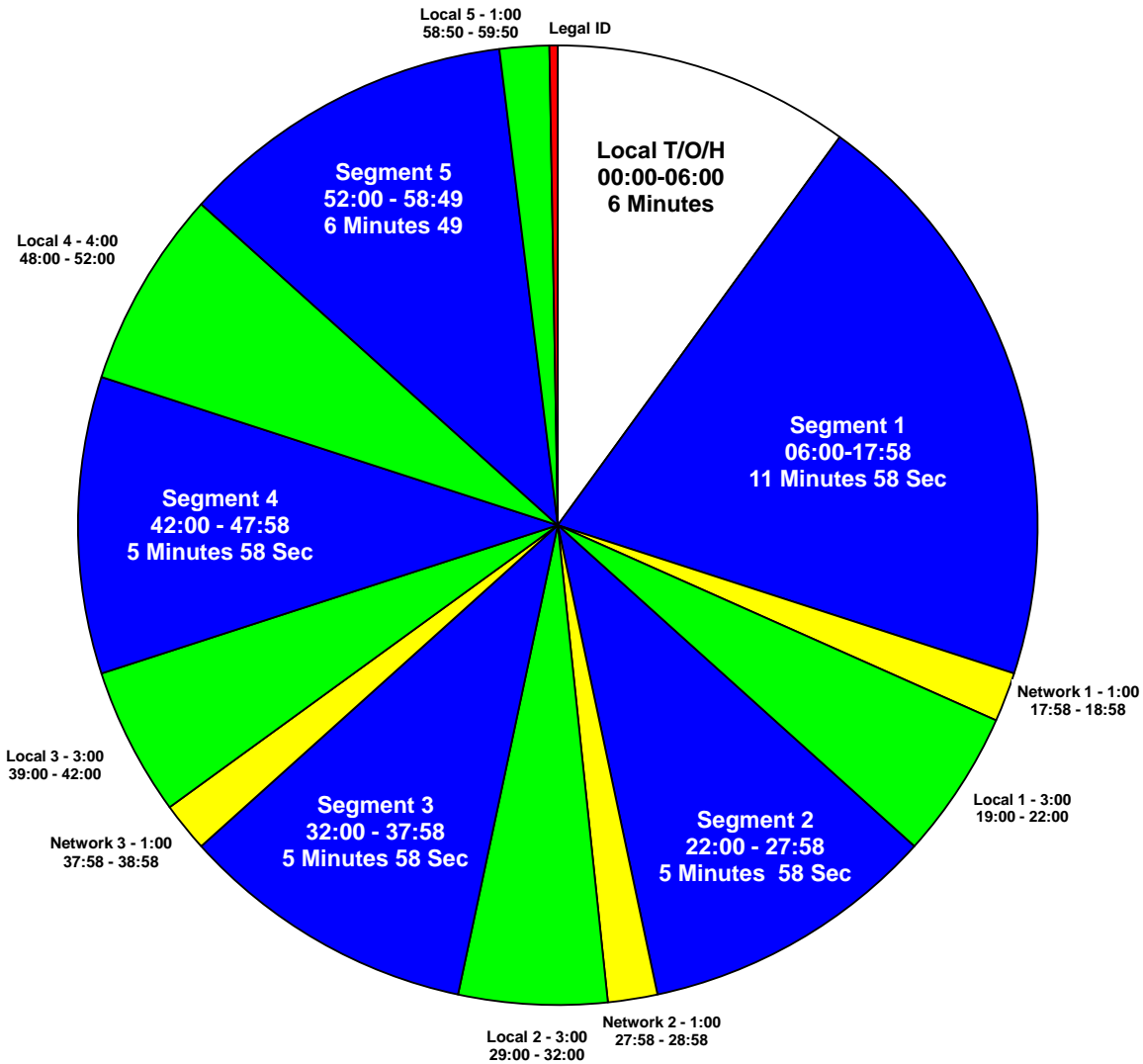




Lifestyles Unlimited
Weekdays 1:00PM - 2:00PM EST
Saturdays 5:00PM - 6:00PM EST
Sundays 10:00AM - 11:00AM & 1:00PM-2:00PM EST
Westwood 1 Satellite
GAB2 - Netcues U43
GAB HOTLINE: 772-770-9000



XDS System

Satellite provider: Westwood One
 Show Provider - GAB Radio
 Service: GAB2
 Netcues: U43

Technical Support

WW1, Ryan McGuire - VP/Broadcast Ops
 212-641-2031, Ryan_McGuire@westwoodone.com
 24-hour WW1 Hotline: 800-877-0007

GAB Radio, Dennis Greene - D/O/E
 772-501-9473
 Sonar@GABRadio.com

GAB HOTLINE: 772-770-9000